



BTEC Level 3 Certificate
BTEC Level 3 Extended Diploma
A-level Physical Education
Apprenticeships

AQA



LeAF Studio

GCSE PE Learning Journey

Learning Journey Key

- = Academic Content
- = Practical Content
- = Dual Careers Content

Final decision
 -Sixth form / College / Apprenticeship

Two Written Paper Exam
 60%

Walking talking Mock
Revision

Practical Moderation 30%

Moderation Practice Day

Practical Sports Selection
Choose final 3 sports for final assessment before moderation



Intervention & Revision
Tutor, Break, Lunch time and After School

Revision Practice paper 2 – Socio Cultural / Research / Health and fitness

Revision Practice – Paper 1 – Systems / Movement analysis Psychology / Training Methods



Revision and Preparation

Maths

GCSE Research **Interpreting** testing data and **Apply** how to conduct analyses of sports performance. Utilising Fitness testing data

Hand eye Co-ordination – Rackets **Understand** requirements for moderation process Record and Collate video evidence to clearly evidence **understanding** and **application** of rules / tactics / techniques Practice / competition in preparation for grading

Film



GCSE – **Compare** factors that lead to a healthy lifestyle **Evaluate** lifestyles of others and **conclude** findings effectively **Create** action plans to improve healthy lifestyles

Science



UCFB Wembley University Trip – Sports Business management taster



Assess and Review existing knowledge. **Identify** areas to improve.

YEAR 11

GCSE Coursework Submission - 10%

GCSE Coursework – **Create** and **Implement** gym programme and technical training programme to improve sporting performance



Striking, Track & Field: **Apply** advanced tactics/positioning in striking and fielding games. **Demonstrate** advanced techniques within competitive running, jumping and throwing event



GCSE – Socio Cultural **Compare** and **Contrast** what factors have shaped sport over time. **Evaluate** current methods to change Socio-cultural trends in sport. **Create** methods to impact socio-cultural trends in sport



End of year Fitness Testing – **Analyse** Performance Data for use in Coursework

Maths

Compare components of fitness in Team Invasion Games in preparation for coursework. **Knowledge** of tactics and techniques to improve performance. **Demonstrate** a greater repertoire of skills.



Psychology

GCSE – Sports Psychology **Explain & Apply** how to mentally prepare athletes for sport

Team invasion Games / Coursework NEA **Understand** training methods and create coaching drills to improve sports performance. **Analysis** of tactics and techniques to improve performance. **Develop** and **apply** a greater repertoire of sporting skills with successful outcome



Coursework - **Analyse and Evaluate** your own sporting performance and **suggest** methods to improve

Analyse Fitness Data and **Evaluate** lifestyle questionnaires to help with GCSE Coursework

Maths

Hand eye Co-ordination – Racket Sports **Identify** names of lines and areas on court/pitch. Develop **deeper knowledge** of playing positions/tactics. **Create** and **Apply** techniques for advanced skills/tactics in match situations.



Hand eye Co-ordination / Multiskills Games **Apply** advanced skills within competitive play. **Demonstrate** all positions and select the best suited position for you. **Apply** and **critique** umpiring decisions and instructions



Track & Field: **Understand** Levers and forces of the body

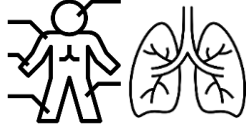
Science

YEAR 10

SCHOOL INFORMS YOU IF YOU ARE STUDYING GCSE PE OR BTEC SPORT

Biology

GCSE & BTEC – Anatomy and physiology. **Understand** and **explain** how the body works



GCSE & BTEC – **Apply** Components of Fitness requirements for sports



Demonstrate coaching abilities and **create** sports day games at local primary school Sports Day events

Deeper Understanding of Components of fitness and Training Methods **Evaluate** suitable training methods or specific sports performers

Solent University Trip – Understand different careers in sport.



End of year Fitness Testing – **Calculate** and **Interpret** Data suitable for Academic PE

Maths

Mid Year Fitness Testing – **Calculate** Data similar to BTEC or GCSE Coursework

Maths

Team Invasion Games – Agility / Speed **Know** lines and areas on court/pitch. **Develop** knowledge of playing positions/tactics. **Develop** techniques for advanced skills. **Officiate** games **Develop** a greater repertoire of skills.



Team Invasion Games **Know** of all positions. **Understand** umpiring decisions and coaching instruction



GCSE/BTEC – Introduction to Practical Assessment What is it?



Gym Induction To aid **understanding of how to be safe in the gym and to support your coursework**

What do you already **know** that can help you in GCSE PE / BTEC Sport?



Track & Field: **Replicate** advanced techniques within competitive running, jumping and throwing event.

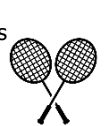


Practical Sport – Hand eye Co-ordination Skills / **Understand** Rules /Tactics/ Techniques Warm up independently. **Identify** some muscles names

GCSE/BTEC theory – **Understand** how Components of Fitness improve your training



Practical Sport – Multiskills Introduction to warm up skills **Know** Racket Skills **Understand** Rules /Tactics/ Techniques



Fitness Testing Introduction and **understand** testing methods – for GCSE/BTEC Coursework

YEAR 9

Baseline Test

Before LeAF Studio? Physical Performance Assessment Highlighted areas to develop Courses – subject support work Club / Sport competition



“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.”